



URL

<https://www.mhavalusia.org/>

MHA makes sure that people with mental illnesses are given the tools and resources needed to succeed. They educate and advocate to promote mental health as an important part of overall health. Please call or visit the website to learn more.

Services offered include:

- Community Programs
- Information and Referral Services
- Guardian Advocate Training
- Parenting Classes for Divorcing Families
- Post Partum Depression Assessment and Counseling
- Psychological First Aid
- Counseling for Veterans and Family Members
- Drop In Centers
- Suicide Prevention
- Support Groups

Public Email

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