



*Choosing to Enrich the Third Third*

URL

<https://www.columbiaseniors.org/>

The mission of the Columbia County Senior Services Center is to help adults 60 and older. Help them to maintain their physical, mental, emotional, and nutritional health needs. The group works to renew feelings of usefulness. And their capacity to celebrate life and socialization. Services provide a holistic approach to active aging. They are offered to adults 60 and older. As well as their caregivers and families. Please call or visit the website for more information.

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