



## **Meals on Wheels - Senior Resources Association**

Senior Resource Association provides the Meals on Wheels program. Volunteers deliver meals to clients' homes Monday through Friday. They do this between 10:30 am and 2:30 pm. They also give a daily safety check and friendly interaction. Hot, nutritious meals are delivered to seniors' doors - five days a week. They also offer frozen meals for the weekends. If you are homebound and have been discharged from a healthcare facility within the last 30; or, whose caregiver is going into a healthcare facility for a brief period of time, they offer Emergency Meals on Wheels. Please call or visit [website](#) to learn more.

### Service Location

694 14th Street  
Vero Beach, FL 32960  
United States

772.569.0760

### **Provider**



Senior Resource Association

### URL

<https://www.seniorresourceassociation.org/>

Senior Resource Association provides programs for active older adults. They assist seniors and their families in finding resources. They also deliver services that meet a senior's individual needs.

- Adult Day Services
- Case Management
- Emergency Home Assistance for the Elderly Program (EHEAP)
- Information & Referral
- Nutrition
- Transportation

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