



## [Meals on Wheels - Meals on Wheels of Tampa](#)

This group provides home delivered meals for seniors and homebound individuals. They serve the greater Tampa area. The meals are delivered Monday through Friday, between the hours of 10:00 a.m. and 2:00 p.m. In addition to the hot meal, water and a side will be delivered daily. On Mondays, they include a specialty salad and on Thursday, they include an additional healthy side. On the 3rd Saturday of most months, they will deliver a fresh bag of produce.

Frozen weekend meals are available and are delivered on Fridays. Please call or visit the [website](#) for more information.

Application

## [Meals on Wheels application](#)

Apply Online URL

<https://mowtampa.org/meal-service/>

Counties

[Hillsborough](#)

Service Location

5320 North Boulevard

Tampa, FL 33603

United States

813.238.8410

### **Provider**

URL

<https://mowtampa.org/>

This organization is a nonprofit. The group supports seniors and homebound individuals. They provide fresh nutritious meals. As well as daily visits from volunteers. Please call or visit the website for more information.

Address

5320 North Boulevard  
Tampa, FL 33603  
United States

813.238.8410

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**Source URL:** <https://rsrt.ocls.org/node/16929>