



[YANA \(You are Not Alone\) Sarasota Wellness Drop-in Centers](#)

YANA ("You Are Not Alone") provides wellness drop-in centers. It is a safe space for adults struggling with mental health problems. They offer free programs tailored by its members to address their needs. They offer a morning snack and lunch every day to its members. They can also refer members to local resources. Please call 941.961.8857 or visit their [website](#) to learn more.

YANA South:

1680 S. Tamiami Trl, Suite C
Venice, FL 34239

Service Location

240B South Tuttle Avenue
Sarasota, FL 34237
United States

941.961.8857

Provider



URL

<https://namisarasotamanatee.org/>

This groups helps those struggling with mental illness. They have programs for supporting and teaching those who need help. They offer community with others who are going through similar issues.

Public Email

info@NAMISarasotaManatee.org

Address

1226 N Tamiami Trl, Ste 202

Sarasota, FL 34236

United States

941.376.9361

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