



## [Wellness for Life - Lake Wales Care Center](#)

This group offers classes that help people add health and well-being to their lives. Each week, classes focus on one of five topics: fitness, nutrition, meal planning, soul care (mental health), and first aid and home hygiene. They present goals to help people apply these lessons to their lives. To join, you must live in Polk County and be below 200% of the poverty line. Please call or click [HERE](#) to go to the website to learn more.

Service Location

140 E Park Ave  
Lake Wales, FL 33853  
United States

863.676.6678

## **Provider**



URL

<https://lakewalescarecenter.com/>

The Lake Wales Care Center is known as LWCC for short. It is a faith-based, community service organization. They work to build bridges between people in need and people with a desire to serve. The group provides a variety of services for those in need.

Services Include:

- Adult Literacy

- Basic Needs for Short-Term Crisis
- Bicycle Ministry
- Choices Pregnancy Care
- Community Garden
- Community Kitchen
- Holiday Assistance
- Home Repairs
- Lake Wales Free Clinic
- Leadership Development & Internships
- Meals on Wheels
- Transitional Housing
- Youth Service Camps

Public Email

care.lwcc@gmail.com

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